



# **2020 National Red Ribbon Theme: "Be Happy. Be Brave. Be Drug Free."**

October 26<sup>th</sup>-30<sup>th</sup>

Take the Red Ribbon Week Pledge:

*"I pledge to be drug-free and support Little Oak Middle Red Ribbon Week by taking a stand against drugs and alcohol."*

## **Monday, October 26<sup>th</sup>: Wear Red Day to Kick Off Red Ribbon Week!**

**Students are encouraged to wear RED to show you are ready to take a stand against Drugs!**

\*In each homeroom class, a girl and boy will be recognized for wearing the most RED.

\*Introduce the Knights of Columbus Substance Abuse Poster Contest.

\*limit size of poster to 11x14. Posters may be brought in Friday, Oct. 30 ONLY. Teachers will place poster outside of door for admin to pick up and place in a box for Knights of Columbus.

## **Tuesday, October 27<sup>th</sup>: I "Mustache" You Not to Do Drugs!**

**Students are encouraged to wear or create a mustache! Add a bit of excitement by also outfitting yourself for drug free success by wearing a crazy necktie and/or crazy socks! School uniform must be worn on this day.**

\*Wear or draw the cutest, most creative, even the largest mustache you can think of and, just for fun, add a coordinating necktie and socks to your school uniform if you feel up to the challenge!

## **Wednesday, October 28<sup>th</sup>: Friends Frenzy Day!**

**Friends don't let friends do drugs! Students can DRESS like their friend and help each other make GOOD choices! Remember, if you choose to wear your school uniform, you'll have hundreds of twins, too!**

## **Thursday, October 29<sup>th</sup>: Sport a Drug Free Life!**

**Students are encouraged to wear their favorite sports shirt/jersey to show they will live a healthy life! Class activity: Thankful Thursday!!! Make "Health Care Workers Thank You" cards.**

**Regular school pants should be worn on this day.**

## **Friday, October 30<sup>th</sup>: Show Your Character...Don't Do Drugs!**

**Sport a Drug Free Life!**

**Students are encouraged to dress-up like their favorite fictional, NON-SCARY storybook character, their favorite team uniform, or their school uniform!**