



2019 National Red Ribbon Theme: Send a Message. Stay Drug-Free!!

October 28-November 1, 2019

Take the Red Ribbon Week Pledge:

"I pledge to be drug-free and support Little Oak Middle Red Ribbon Week by taking a stand against drugs and alcohol."

Monday, October 28: Wear Red Day to Kick Off Red Ribbon Week!

Students are encouraged to wear RED to show you are ready to take a stand against Drugs!

*In each homeroom class, a girl and boy will be recognized for wearing the most RED.

*Students and teachers will be given "Red Ribbon Week" wristbands to wear all week.

*Introduce the Knights of Columbus Substance Abuse Poster Contest.

Tuesday, October 29: I Mustache You Not to Do Drugs!

Students are encouraged to wear or create a mustache! Add a bit of excitement by also outfitting yourself for drug free success by wearing a crazy necktie and/or crazy socks!

*Wear or draw the cutest, most creative, even the largest mustache you can think of and, just for fun, add a coordinating necktie and socks to your school uniform if you feel up to the challenge!

Wednesday, October 30: Friends Frenzy Day!

Friends don't let friends do drugs! Students can DRESS like their friend and help each other make GOOD choices!

*In the classroom, each student will sign a "Red Ribbon" pledge sheet to say NO to drugs.

Thursday, October 31: Show Your Character...Don't Do Drugs!

Students are encouraged to dress-up like their favorite fictional, NON-SCARY storybook character or in their favorite team uniform!

*Class activity: Make "Law Enforcement Thank You" cards: Thankful Thursday!!!

Friday, November 1: Put a Cap on Drugs and Top Off the Week!

Students are encouraged to wear a Crazy Hat and/or Crazy Hair on this day!

*Uniforms must be worn on this day.

*Each grade level with the highest percentage of students still wearing "Red Ribbon" wristbands will receive a PRIZE!